



*Integration
in the mountains*



The A.L.M. Project:

Alpen.Leben.Menschen (Alps.Life.People)

Integration in the mountains



What does A.L.M. offer?

Many Germans love spending their leisure time by doing sports in the outdoors. With the Alps in the backyard, Bavaria is the perfect playground for many different outdoor activities. The goal of A.L.M. is to give you the opportunity to discover your new home together with locals from the German Alpine Club.

- ▶ Excursions in and around the Alps in order to get in touch with locals and the alpine environment
- ▶ Activities like rock climbing, hiking, mountain biking, orienteering, visiting mountain huts, etc.
- ▶ Environmental education and awareness raising for sustainability
- ▶ Sports activities (e.g. hiking, climbing, mountain biking, ...), intercultural exchange and friendship
- ▶ Opportunities to improve your language skills and to get an insight into Bavarian culture

By the way: We will make sure that you will be equipped adequately for our alpine adventures and all the activities will be free of charge.

How can I participate?

We would like to kindly invite all refugees to join our project. Your asylum status is irrelevant! The only precondition comprises an actual residence in our project area in southern Bavaria.

If you are interested in our project please don't hesitate to contact us!

Check out our website www.alpenlebenmenschen.de or write an email to the project coordination: anna.schober@alpenlebenmenschen.de

A project by Malteser Hilfsdienst
and Deutscher Alpenverein



Malteser
...weil Nähe zählt.



Deutscher Alpenverein